

# Abbeyfield Winnersh

Residential Dementia care home in Berkshire





## Welcome to Winnersh

Situated in the friendly, suburban village of Winnersh, our care home is dementia friendly and designed to allow freedom of movement throughout, flowing from one area into another. The bedrooms are organised into intimate clusters, giving a real sense of community and familiarity within the home.

We have a large, peaceful garden to explore, which features a sensory garden, and a wonderful roof terrace to relax on. There are also peaceful courtyard gardens located in the centre of the ground floor bedroom clusters.

A beauty salon, communal and private lounges and a cinema complete our home and are available for you and your visiting friends and family to use at your leisure.

Delicious, daily home-cooked meals and everyday housekeeping are organised and all your household bills are included in the cost, leaving you free to enjoy your time.





## Dementia friendly care

The care we provide is as individual as the people we care for. Our team of staff are dedicated to ensuring all of your needs are met.

Living with us is an enriching and nourishing experience; we offer truly person-centred care, a vibrant calendar of activities and events, and place a strong emphasis on building thriving community links with like-minded neighbours and organisations.

It is the perfect way to continue to live independently, with the security of on-site staff who are there 24 hours a day to provide support and companionship as and when is needed.



## Your home, your way

Three out of our four cluster of bedrooms has its own lounge space and is decorated in distinctive themes to help identify areas, which in turn reduces potential anxiety and confusion when it comes to finding your way around.

Our bedrooms have been fitted with specialised furniture that is designed for easy access to your belongings and we encourage you to make your room your own by decorating it any way you wish – it's your room after all.

Whilst each room has its own en-suite facilities, we also have relaxing spa-bathrooms with sensory lighting.

Our dedicated team are on-hand to ensure all of your needs are met, supporting you as individuals and tailoring the care we provide.

## Time well spent

Abbeyfield Winnersh is a thriving community. Our fantastic team of kind, compassionate and highly trained staff and volunteers not only ensure the safe and smooth running of the home, they also help make it a friendly, enjoyable place to live.

Our private occupational therapist and activities team will really get to know you, find out your interests and hobbies and help you to pursue them within the home.

One-to-one time is also available with our activities team to provide the support you need from booking a salon appointment to simply sitting down for a cup of tea and a chat.





## Your safety and quality assurance

You can't enjoy peace of mind without trust.

This is why Abbeyfield Winnersh is registered and regulated by the Care Quality Commission, the UK's independent regulatory body.

But our quality control doesn't end there – the opinions of our residents matter too. We have regular resident and family meetings, so we can get feedback on how we can improve our service at Abbeyfield Winnersh.

**“Abbeyfield Winnersh isn't just a care home, it's a home that cares.”**



## The Abbeyfield Promise:

### We make time so you can enjoy life

Making time for our residents is at the heart of everything we do.

This promise means we have the time to share friendships, understand individual needs and make every day more fulfilling, so everyone feels valued, content, cared for and safe.

## Your community

Our Abbeyfield home is situated in the friendly, suburban village of Winnersh, near Wokingham.

A pub and large supermarket are located nearby to the house and Wokingham town centre is just a short distance away.

Winnersh village is situated on the main road between Reading and Wokingham, providing easy access to the home. Excellent transport links by bus or train also serve the village and neighbouring towns.





# Please do get in touch

Whether you're considering Abbeyfield Winnersh for yourself or a family member, you've just started exploring options or are ready to take the next step, we are here to talk.

Call us on **0118 977 4246**

Email us at **[winnershcare@abbeyfield.com](mailto:winnershcare@abbeyfield.com)**

**Abbeyfield Winnersh**

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