



# Speedwell Court

Residential and Dementia care in Southampton



## Welcome to Speedwell Court

We are proud to introduce Speedwell Court, a thoughtfully designed care home set in West End, Southampton.

Within homely surroundings finished to the highest specification, we are experienced in providing exceptional services to a new generation of people looking for first class quality, comfort and support in retirement.

Speedwell Court is surrounded on three sides by green spaces including The Itchen Valley Country Park and Telegraph Woods, each with its own local history. And sports lovers will know that the home of Hampshire Cricket is also close by with the Ageas Bowl and St Marys football ground a short ride away.

Our purpose-built luxury home is situated in an enviable location and has excellent transport links.



## Dementia Friendly care

Speedwell Court provides an exclusive setting and high-quality dementia friendly care services that are sure to exceed expectation.

We are committed to promoting health and wellbeing for those who come to live with us, providing purpose and bringing enjoyment to daily life. Should your needs change over time, we will support you to live independently with 24-hour peace

**“I’m still part of my local community and have a whole new one at the same time.”**



## Your home, your way

When you come to live with us you'll have your own bedroom with en-suite wet room. These have been designed with quality materials and furnishings in a spacious well-lit environment and we encourage you to furnish your room with treasured belongings, keepsakes and photos.

You are invited to make the most of our first class lifestyle facilities and shared spaces such as the coffee lounge, cinema, hair & beauty salon, activity rooms and well-tended gardens. This is your home and your family and friends are welcome to call in at any time.

Mealtimes and excellent food are one of life's greatest pleasures, and for that reason we ensure our menus are delicious, nutritionally balanced, and cater to your preferences and dietary requirements.

## Time well spent

From our exceptional care team to our volunteers, everyone makes a unique contribution. Not only do they help ensure the safe and smooth running of our home, they also play an important part in making them friendly and enjoyable places to live. There's something meaningful to be a part of, in the company of others, and there are relaxing snug areas for some family time or quiet personal reflection.

Speedwell Court services are thriving communities where you can enjoy comfort, security and friendship.



## Your safety and quality assurance

You can't enjoy peace of mind without trust.

This is why Speedwell Court is registered and regulated by the Care Quality Commission, the UK's independent regulatory body.

But our quality control doesn't end there – the opinions of our residents matter too. We have regular resident and family meetings, so we can get feedback on how we can improve our service at Speedwell Court.

**“Speedwell Court isn't just a care home, it's a home that cares.”**



## The Abbeyfield Promise:

### We make time so you can enjoy life

Making time for our residents is at the heart of everything we do.

This promise means we have the time to share friendships, understand individual needs and make every day more fulfilling, so everyone feels valued, content, cared for and safe.

## Your community

Speedwell Court is situated in an enviable location and has excellent transport links of main line rail to London Waterloo, an active airport in Eastleigh, the M27 and M3 motorways easily accessible, plus bus routes serving the local area.





# Please do get in touch

Whether you're considering Speedwell Court for yourself or a family member, you've just started exploring options or are ready to take the next step, we are here to talk.

Call us on **023 8235 6990**

Email us at **[Speedwell@abbeyfield.com](mailto:Speedwell@abbeyfield.com)**

## **Speedwell Court**

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**[www.abbeyfieldliving.org.uk](http://www.abbeyfieldliving.org.uk)**

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