

# Abbeyfield House

Sheltered Housing in Cockermouth



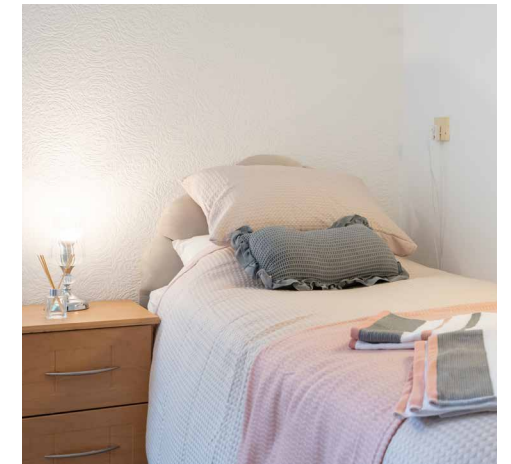
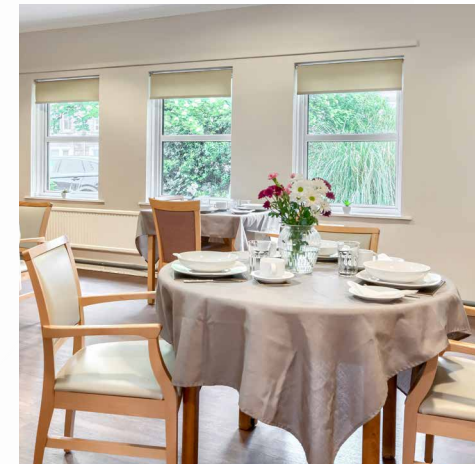
## Welcome to Abbeyfield House

Located near the market town of Cockermouth, our Abbeyfield house is situated just on the outskirts of the beautiful Lake District.

At Abbeyfield House we offer a home from home experience and our staff are crucial to creating this homely, friendly and welcoming environment.

Delicious, daily home-cooked meals and communal area housekeeping are organised and all your household bills are included in the cost, leaving you free to enjoy your time.

If you choose to live with us, you'll enjoy your own comfortable room, socialising in shared lounges and dining areas, and a beautiful garden to relax in.



## Happiness starts with you

We believe in enjoying later life and an Abbeyfield house will always offer you the opportunity to get involved in activities and entertainment – which is a big part of life in our houses.

“I am very happy to be here in a comfortable house with a lovely garden and surroundings.”



## Abbeyfield features

The house was built in 1980 and consists of 10 ensuite rooms and two flats. The house is ideally located close to the Lake District which is a stunning tourist location flourishing with nature and wildlife.

Abbeyfield House is a very friendly and welcoming house and each day is different as there is always a lot happening here. We allow pets in the house should you wish to bring a little companion with you, we find that residents enjoy spending time with animals so this is something we like to support.

We have a local beautician who attends monthly to carry out treatments such as manicures and pedicures. A hairdresser attends every Wednesday and the local chiropodist visits every few weeks.

## Your retirement

When you live with us you are part of our community and the wider local community too.

Connected by our staff and volunteers, people who choose to share their time with you organising popping in for a cup of tea and a chat, or being involved in the day-to-day life of our house.

We have established connections with people in our local community who offer varied conversation and a chance to compare different experiences. Variety is the key to any community and we're very proud to offer this at Abbeyfield House.



## Your safety and quality assurance

You can't enjoy peace of mind without trust.

This is why Abbeyfield House is registered and regulated by Homes England.

But our quality control doesn't end there – the opinions of our residents matter too. We have regular resident and family meetings, so we can get feedback on how we can improve our service at Abbeyfield House.

**“These aspects of life at an Abbeyfield Sheltered House sets us apart from other providers.”**



## The Abbeyfield Promise:

### Time to enjoy life

Making time for you is at the heart of everything we do.

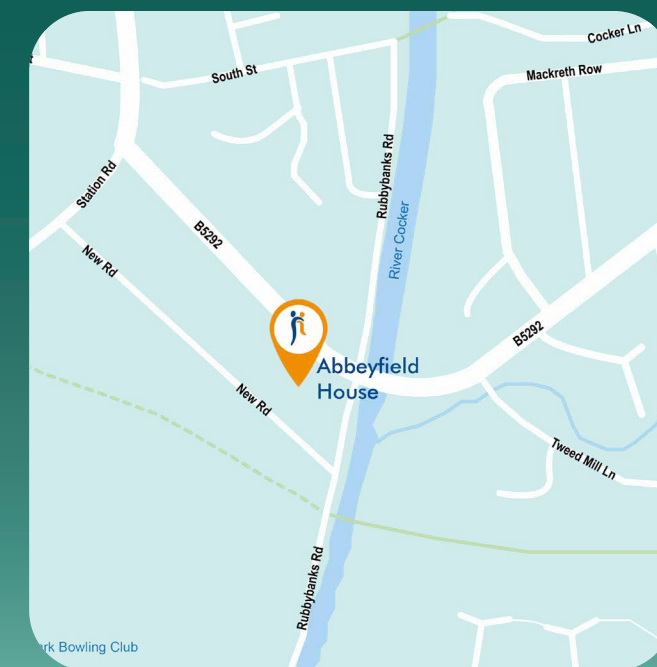
Our promise means that your time is well spent on the things that matter; lasting friendships, understanding your individual needs and making every day fulfilling - so that you feel valued, content, cared for and safe.

## Your community

Abbeyfield House is located just a stones throw away from Cockermouth town centre, on the outskirts of the stunning Lake District.

Many accessible amenities are within a short distance, including shops, bank and post office.

There is also easy access to the main bus route should you wish to explore further.





# Please do get in touch

Whether you're considering Abbeyfield House for yourself or a family member, if you've just started exploring options or are ready to take the next step, we are here to talk.

Call us on **01900 825306**

Email us at **[Cockermouth.Lorton@abbeyfield.com](mailto:Cockermouth.Lorton@abbeyfield.com)**

## **Abbeyfield House**

Lorton Street, Cockermouth, Cumbria, CA13 9RH

**[www.abbeyfieldliving.org.uk](http://www.abbeyfieldliving.org.uk)**